



MATERIA AROMATICA
INTERNATIONAL SCHOOL OF AROMATHERAPY AND HERBALISM

AROMA TOUR TO BEAUTIFUL COSTA RICA



June 7-14, 2025

At Bodhi Tree Yoga Resort - A Hidden Gem of Costa Rica

All-inclusive Price: \$2,500 (8 days / 7 nights)

Small group experience: Limited to 16 guests for a personalized retreat

RESERVE YOUR SPOT TODAY

(970) 433-9777

materiaaromaticashop.com

Welcome to Materia Aromatica Aroma Tours



Meet Dr. Victoria Shklovsky

Certified Clinical Aromatherapist | Certified Olfactory Therapist | Board-Certified Sleep Medicine Practitioner

"Aromatherapy is more than just a practice for me—it's a lifelong passion. I have dedicated my career to helping people find balance, emotional resilience, and deep, restorative sleep through the power of scent. As the group leader for this retreat, I am excited to share this journey with you, guiding you through daily olfactory sessions designed to bring joy, peace, and harmony into your life."

With a background in Clinical Aromatherapy and Sleep Medicine, I have spent years developing proprietary synergies of 100% pure, organic, and artisan essential oils, sourced directly from trusted small-batch distillers worldwide. These carefully crafted blends are designed to support deep sleep, relieve stress, and enhance emotional well-being—and I can't wait to introduce you to them in Costa Rica.

I received my aromatherapy training in France, where I completed four advanced programs, including Integrative Aromatherapy. I also hold a Level 3 NAHA Membership and completed a Clinical Aromatherapy Program in the U.S., ensuring that my approach is both deeply rooted in tradition and supported by modern science.

Throughout this retreat, I will be guiding you through daily olfactory practices and personalized sessions that will help you release emotional blocks, improve sleep quality, and cultivate a profound sense of well-being. Whether you are seeking restoration, transformation, or simply a deeper connection to yourself, this retreat is designed to support you every step of the way.

I look forward to sharing this beautiful experience with you in Costa Rica.

Victoria



Aroma Tour To Beautiful Costa Rica

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Tour Theme: "Illuminated Chakras"

with special guest teacher **David Crow**



Aromatherapy & Meditation for
Deepening Awareness of the Seven
Energy Centers and Their Mystical
Dimensions



David Crow will be participating daily
through live-streamed classes



Each class will be 90 minutes of guided
meditation & teachings on ancient
classical chakra lineages



Topics Will Include:



- ✓ Using aromatic meditations to deepen concentration & awareness of chakras
- ✓ Understanding chakras as "body deities" that connect us to Earth's intelligence & archetypes of the psyche
- ✓ The ultimate purpose of chakra practices and how they enhance our spiritual path
- ✓ Developing powers of visualization, devotion, concentration & emotional intelligence
- ✓ And much more...





Aromatherapy for Deep Healing

100% Pure Artisan Essential Oils

Sourced directly from our own small distillers in Australia, Oman, Indonesia, Madagascar, India, Nepal, Canada & USA

Our Lessons:

- ✓ Emotional Healing through Olfactory Therapy
- ✓ Stress & Anxiety Relief
- ✓ Insomnia & Sleep Support
- ✓ PTSD & Trauma Recovery
- ✓ Emotional Release for Grief, Fear, Anger & Sadness

Exclusive Retreat Gift Set for each participant:

7 Chakras Synergies of EOs, Aroma Jewelry and Olfactory Healing Accessories





Retreat Highlights

Day 1: Arrival & Welcome

- ✈️ Transfer from Liberia International Airport (LIR)
- 🏠 Check-in at Bodhi Tree Yoga Resort
- 🍴 Welcome Dinner with the group

Days 2–7: Daily Retreat Schedule

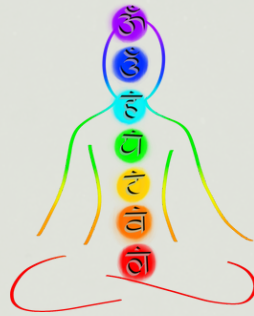
- 💻 David Crow's Live-Streamed Teachings
- 🌿 Daily Olfactory Sessions with artisan essential oils
- 🍴 Three delicious organic meals per day
- 🏖️ Relaxation at a private secluded beach
- 🏊 Pool & leisure time at the resort

Day 8: Farewell & Departure

- ☀️ Final morning gathering & Breakfast
- 🚌 Transfer to the airport



Create An Unforgettable Experience



Additional Experiences (Optional – Extra Cost)

✨ Spiritual Ceremonies & Healing Treatments offered by the retreat center

✨ Massage, yoga, and adventure excursions available by reservation

Join Us for This Transformational Retreat!

For inquiries & bookings, contact us at:

✉ materiaaromaticaco@gmail.com

☎ (970) 433-9777

We are looking forward to meeting you,
Victoria & David

